

You Gotta Know How to Hold 'Em

Written by Texas Outdoors
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If you're not going to eat your catch, you can release a healthy fish to the water using these five basic

1. Always wet your hands before handling a fish. This will help reduce damage to the fish's protective
2. Use a rubber net rather than the knotted nylon type to help prevent abrasions to the fish.
3. Always use two hands to hold a fish that may weigh over 5 pounds, supporting its weight with a hand
4. Gently lower your fish into the water until it begins to swim away. If it isn't ready to swim, you may n
5. Plan ahead and take along a de-hooking tool or needle-nosed pliers to help remove the hook as qu

[Check out other catch and release tips in this list.](#) Then [watch a video](#) of a novice lea

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Lunkers need love too. [Careful handling notes](#) due to the sharp point of the TPW Disk on the ShareLunker

Pictured: Faron McCain, holding Toyota ShareLunker 523, O.H. Ivie Reservoir, 2011. This carefully h

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